



INTEGRATED POST NATAL PHYSIOTHERAPY & FUNCTIONAL FITNESS

MUMMY MOT® BUSINESS HUB

MEMBERSHIP GUIDE

hub.themummymot.com



MEPS

MUMMY MOT® Business Hub

HUB BENEFITS

The hub is packed full of all the great stuff your business will need to get maximum benefit from the Mummy MOT® brand:

- An enhanced practice listing on the main Mummy MOT website, professionally hosted and optimized
 - Updates and upgrades to Mummy MOT® practices and materials
 - Access to the closed community discussion forum
- Mummy MOT brand marketing benefits including links to advertorial, editorial coverage and promotional materials
- Access to relevant and regular blogs for use as part of your own marketing and website.
 - Access to vlogs and training material from industry experts and leaders
 - A 10% discount on all Mummy MOT CPD related courses
 - Possibilities to run your own course hosted by Mummy MOT and/or become an Assistant on the Mummy MOT® Training Course(s)



MUMMY MOT® Business Hub

HUB CONTENTS

The hub is packed full of all the forms/resources to use on your website or during your client consult:



Using the Pre-Screen



In Clinic Assessment Form



Mummy MOT Logo (pdf)



Mummy MOT Logo (png)



Report of Findings



Assessment Form



Edinburgh Scale



Histamine Food List



Anatomy image



Clinical Questionnaire



Mummy MOT® Handout



The Big Rocks of Healing Nutrition



Mummy MOT Voiced Over Functional Exercises



OASI



Marketing Materials Info

access: <http://hub.themummymot.com/resources/practitioner-forms/>

MUMMY MOT® Business Hub

CORE RESTORE VIDEOS





Videos and handouts relating to Core Restore Level 1

Core Restore Videos

Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
---------	---------	---------	---------	---------	---------

[⇒ Download Worksheet handout for client here ⇐](#)

Here you will find videos and handouts relating to Core Restore Level 1



[Download "10 Steps to Female Fat Loss and Healing Nutrition"](#)

[Download "Get Your Baby Bod Back in Shape"](#)

<http://hub.themummymot.com/resources/core-restore-videos/>

MUMMY MOT® Business Hub

PRE-SCREEN INSTRUCTIONS

How to direct your clients to the pre-screen.

Depending on how you set up your business website and client consultations there are a couple of options to signposting your client to the pre-screening form.

1) Send them the link via email:

<https://mummymot.wufoo.com/forms/zfk1ai60y1mz7q/>

2) Hyperlink via your own website - like this eg, pre-screen

3) Embed the full form on your website using the code in the support group (your web designer/developer can help you with this)



MUMMY MOT® Business Hub

BURRELL EDUCATION BUSINESS HACKS

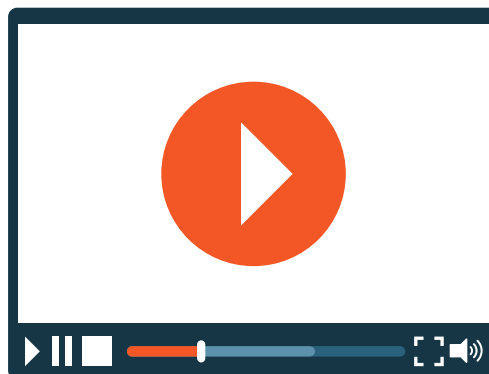
Launch Your Passion Project – Module 1

The emphasis here is on getting your ducks in a row, identifying your avatar properly and making a strong foundation for your business.

The videos have been kindly shared by Jenny Burrell of Burrell Education.

For copyright reasons you are not able to download or share these videos.

Some videos may contain references to other videos/resources not contained within this site, if you wish to view the rest of the information then please sign up to the full course via Burrell Education website.



Mummy MOT®Hub

ACCESS THE HUB

To access the hub or to join, please use the link hub.themummymot.com and follow the instructions

Having trouble logging in?

Try resetting your password [here](#) or email support.

Missing some content?

Email support or post in the support group

Need some advice on a patient or business?

Post in the support group

Not answered your query above?

Email support at help@mummymot.com

FACEBOOK SUPPORT GROUP



All hub members are able to join the Facebook Support Group here:
<https://www.facebook.com/groups/mummymotbusinesshub/>