



INTEGRATED POST NATAL PHYSIOTHERAPY & FUNCTIONAL FITNESS

The Mummy Mot Training 2018

I understand that the course includes practical (lab) sessions where I can learn treatment techniques using external and vaginal approaches to structures.

I understand that these sessions involve examining/practicing on other course Participants.

I am willing/not willing* to allow other physiotherapists to practice external approaches using me as a model.

I am willing/not willing* to allow other physiotherapists to practice vaginal approaches using me as a model.

I am aware that I may opt in or out of the practical sessions at any stage.

I am not aware that I have any infection of either my hands or the area to be examined.

I am not aware that I am pregnant

I am not aware that I am allergic to latex

I would like to disclose the following relevant information about my health to the tutors

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Signature.....Date.....
Confirmed on day of course

Signature.....Date.....

Please rate your competence from 0-5 (5 meaning very confident & extremely competent) for:

Internal pelvic floor assessment_____

External pelvis assessment_____

